



Woods Eastland, who underwent hip replacement surgery at Campbell Clinic in February 2008, is president and CEO of Greenwood, Mississippi-based Staple Cotton Cooperative Association, the oldest and one of the largest cotton marketing cooperatives in the United States.

For hip replacement, cotton executive chose “the doctor other doctors would choose”

For almost 40 years, Woods Eastland counted on one of his favorite activities to keep him healthy and fit. He jogged.

People in the Mississippi Delta town where he lives grew accustomed to seeing the cotton company executive sprinting his way through the streets of his neighborhood at a brisk clip, nodding to acquaintances as he got in his daily two-mile run.

“Whenever I called Dr. Guyton’s office after the surgery, I would hear from someone right away. It never felt like there were 140 miles separating us. In every aspect, Campbell Clinic was very impressive.”—WOODS EASTLAND

One day in early 2006, as Eastland was jogging along the same route he had trod for years, he felt an unfamiliar pain in his left hip. The next day, the pain was back. And within a few weeks, Eastland couldn’t jog 100 yards without experiencing severe discomfort.

“My reaction was, I’m too young for this,” said Eastland, who was 62 at the time. “But later I found out that age doesn’t matter when it comes to wearing out a hip. Jogging on pavement probably accelerated the process, in my case, but I know people younger than me who’ve had hips replaced.”

DOWN A FAMILIAR PATH

First performed in 1960, hip replacement surgery is one of the most important surgical advances of the last century. More than 193,000 total hip replacements are performed in the United States each year.

Eastland’s progression from the onset of pain to the decision to undergo replacement surgery followed a familiar path. After his family physician did an MRI and identified arthritis in his left hip, Eastland visited a local orthopaedic doctor. Over the next two years, under his doctor’s guidance, Eastland modified his lifestyle and managed the pain with over-the-counter medications.

“I stopped jogging and took up swimming,” he said. “Then I started feeling the pain just walking. Before too long, I was walking with a limp. Next, I began having pain in my knee. When I had to start wearing a knee brace, that’s when I started to think that I had to do something.”

“I WANTED IT DONE RIGHT”

Eastland talked with friends and business associates who had undergone hip replacement surgery. He turned to the Internet for detailed information. And, he started thinking about which doctor he wanted to perform the surgery.

“I decided right away that I wanted it done by a specialist,” he said. “That

was my basic conservatism coming out, I guess. I knew it was serious surgery that could have a big impact on the rest of my life, and I wanted it done right.”

Eastland learned that the surgeon who had performed hip replacement on his next-door neighbor and several other Delta residents that he talked with was Dr. James Guyton of Campbell Clinic. All praised Dr. Guyton’s surgical skills, as well as the care they received.

“The determining factor for me was a conversation I had with a man I work with,” Eastland said. “He had a daughter who was in a terrible accident north

left it up to me when to have the surgery done. By then, the pain was really interfering with my lifestyle. I thought about it for three days, then scheduled the surgery,” Eastland said.

Eastland was impressed with Dr. Guyton’s knowledge, training, and experience. “Dr. Guyton emphasized how important it was to get the alignment of the implant correct, to get the angle just right,” said Eastland. “I felt I was in extremely competent hands.”

The surgery was performed in February 2008. After a five-day

Woods Eastland’s recent gift to The Campbell Foundation pays tribute to the skill of his surgeon, Dr. James Guyton. “I want my gift to be used to provide training for other surgeons like Dr. Guyton,” he said. Mr. Eastland’s generous gift to The Campbell Foundation allowed senior residents to attend an important education course in preparation for beginning their orthopaedic practice.



Dr. James Guyton

of Memphis. She was taken to The Med (Regional Medical Center at Memphis) with her pelvis crushed, her femur ground into her hip bone, just a life-or-death situation.

Her parents rushed to the hospital and had to make decisions for her. And this father said the doctors all told him, ‘If she were my daughter, I would want Dr. James Guyton caring for her.’ I considered that the best kind of recommendation: Dr. Guyton was the orthopaedic doctor that other doctors would choose.”

IN EXTREMELY COMPETENT HANDS

Eastland first saw Dr. Guyton at Campbell Clinic in October 2007. “He confirmed my arthritic hip but

hospital stay and two weeks at home, Eastland returned to Memphis for a check-up and was given the green light to return to work. He continued physical therapy and began a walking routine. “I followed the rules, doing what Dr. Guyton recommended,” Eastland said. “I’d say it was a text-book recovery.”

Today, Eastland is walking three miles a day instead of jogging. He’s eating right and working out in a gym. “I’m feeling good, really good,” he said. “I’m fighting old age in every way I can.”