

Winter  
2022

Enhancing Quality of Life Through  
the Science of Orthopaedic Medicine



# MOMENTUM



## ***“I Felt So Much Better”: Meet Dee Birnbaum***

Longtime patient Dee Birnbaum remembers her first visit to Campbell Clinic – when the main clinic was located near downtown Memphis, on Madison.

“I’ve had terrible osteoarthritis since I was a kid,” said Birnbaum, a professor at Rhodes College and passionate traveler and Middle Eastern dancer. Shoulder pain was what sent her to Campbell first, where she became a patient of Dr. Robert Miller.

Sure enough, she had a torn rotator cuff, but was surprised and pleased that the surgeon’s first advice wasn’t that she needed a painful and difficult

surgery. “Instead, he wanted to treat me conservatively. Here was a surgeon who wasn’t trying to sell me surgery. I was amazed.”

She ended up having to have surgery, which began her years-long relationship with the Campbell Clinic physical therapy department, where she had “another phenomenal experience.”

“I’d been to other places for PT where they just hand you a sheet of exercises, without actually laying hands on you to be sure you’re doing them right. Campbell was so different. I couldn’t believe it.”

*Continued on next page...*

## ***New Year, New Look!***

Welcome to the redesigned Campbell Clinic Foundation newsletter, which carries our new name, redesigned logo and website directly to your inbox or mailbox. As we honor the past, this new design looks to a bright future of MOVING LIVES.

Said Kelly Lee, Senior Manager of Physical Therapy at Campbell Clinic, “I have always been impressed with Dee’s determination and ability to handle physical challenges with a sense of humor. The people in our PT department love her.”

**“I made these gifts because the people at Campbell have kept me together all these years.”**

– Dee Birnbaum  
Campbell Clinic Patient

Eventually, Dee found herself back in Dr. Miller’s office, dealing with hip and back pain and spasms. He recommended she see Dr. Santos (Sandy) Martinez, whose specialty is non-surgical orthopaedic interventions. Dr. Miller didn’t just refer Dee out of his office, she said. “He went to find Dr. Martinez and brought him over to meet me.”

“I thought they would hit it off,” said Dr. Miller about Birnbaum and Dr. Martinez. “I thought he could probably help her. It probably expedited their relationship.”

“As someone who worked in healthcare for years (before coming to Memphis), that’s not the way everyone does business,” said Birnbaum. Dr. Martinez



Dee Birnbaum with Dr. Santos Martinez at the Campbell Clinic.

was able to help with Dee’s hip and back pain: “I felt so much better.”

All of her experience with the physicians and physical therapists at Campbell Clinic – she says she has now had more than 22 surgeries in all – led Dee to the decision to make a large gift to the Campbell Clinic Foundation and to put the Foundation in her will.

“I made these gifts because the people at Campbell have kept me together all these years,” she said. “They just have a better

skill set, a better way of doing business.

“If it hadn’t been for Campbell, I wouldn’t have the quality of life I have now.”

And she’s not finished yet: “I know I have to use it or lose it,” she said, heading outside to rake up a bag of leaves. Said Dr. Miller, with a laugh: “I hope she does that for only short durations.”

But Dee is not worried: “If you get in a painful situation, go off to Campbell, they’ll take good care of you.”

## Jacob’s Historic Hip Prompts a Family Gift in Honor of Drs. Ford and Beaty

In November 2020, Momentum shared the story of Jacob McMullen. What a year he’s had! We wanted to share an update on his progress.

It might seem unremarkable: Jacob McMullen, now 18, walked without assistance into an appointment in December 2021 with Dr. James Beaty, pediatric orthopaedic specialist at Campbell Clinic.

That short walk was an extraordinary accomplishment. That’s because Jacob, diagnosed at age 2 with the rare endocrine disorder McCune-Albright Syndrome, hadn’t been able to walk anywhere until recently. In December 2020, he became the youngest patient to receive a total hip replacement in Campbell Clinic history. Dr. Marcus Ford, who specializes in total joint replacement, did the surgery.

**“What Marcus (Dr. Ford) did for them was nothing short of life-changing. That surgery changed Jacob’s life. He now can easily walk and will be able to go to college next year.”**

– Dr. James Beaty  
Pediatric Orthopaedic Specialist

“Finding a reconstruction option for Jacob was fairly challenging,” said Dr. Ford. “His bone is not normal, and he’s at

super-high risk for fracture.” Still, a year after the surgery, Dr. Ford is pleased with Jacob’s progress. “His story is awesome – I hope he can keep doing well.”

“Campbell Clinic has been so good to us,” said Jacob’s mother, Ruth McMullen, who said her family was inspired to give a gift to the Campbell Clinic Foundation so it can continue to educate orthopaedic experts like Dr. Ford and Dr. Beaty, who both trained at Campbell Clinic. “It’s just a small token that we can do to help somebody else. There’s no way we can give back more than they’ve given us. They’ve changed Jacob’s whole life.”

Jacob’s first visit to Campbell Clinic came when he was 2 and had his first fracture. Over the years, in addition to orthopaedists, Jacob has seen geneticists, endocrinologists, gastroenterologists and others to address fibrous dysplasia, a disorder that is part of his disease where fibrous tissue replaces bone and causes weak, fragile bones and uneven growth, deformity and pain. Though he loved basketball and longed to play, Jacob used a wheelchair for most of his life. Now he is encouraged to walk and doesn’t have to use a wheelchair nearly as much.

His successful hip replacement has meant Jacob, a senior at Senatobia High School, is preparing for college. “He is



Dr. Marcus Ford of the Campbell Clinic with star patient, Jacob McMullen (right).

taking college courses at high school this semester,” said his mother. “I think his new hip is giving him more incentive to go in that direction. Before, he felt like he couldn’t do anything.”

Jacob feels so much better that he wants to do more than he’s supposed to, said his mother. “We have to keep him in check. One day we caught him playing soccer, as the goalie.” He can’t play contact sports at all; Dr. Ford has told Jacob that he must protect his new joint.

Jacob’s family is grateful to have both Dr. Ford and Dr. Beaty and all their providers at Campbell Clinic on speed dial.

“When you need them, they’re there,” said Ruth McMullen. “They’re a huge part of our life and probably always will be.”



### The Kay C. Daugherty

MEMORIAL FUND

The Campbell Clinic Foundation has established the Kay Daugherty Memorial Fund to remember and honor Kay C. Daugherty, beloved colleague, mentor and friend, who passed away September 18, 2021. Kay served our organization for 43 years and had a profound impact on countless orthopaedic surgeons and partners around the world.

Funds raised will be used to prepare residents and fellows to meet the complex, evolving needs of orthopaedic surgery leadership, practice and technique. **Upon completion of a renovation in 2022, the Campbell Clinic Foundation Library will be renamed the Kay C. Daugherty Center for Orthopaedic Education.**

Make your gift to the Kay Fund at [Campbell-Foundation.org/Tribute](https://Campbell-Foundation.org/Tribute) or send to the Campbell Clinic Foundation, 1400 S. Germantown Road, Germantown, TN 38138.

You can move lives

**MAKE A DONATION**

[campbell-foundation.org/give](https://campbell-foundation.org/give)



COMMUNITY HEALTHCARE  
ORTHOPAEDIC RESEARCH  
SURGEON EDUCATION



## Mark Your Calendar

**JANUARY 27**

THURS | 5:30 PM

FOLK'S FOLLY, MEMPHIS

### CAMPBELL CLINIC FOUNDATION VISITING PROFESSOR LECTURE

**Featuring:** John E. (Jed) Kuhn MD, MS, *Kenneth D. Schermerhorn Professor of Orthopaedic Surgery, Chief of the Division of Sports Medicine, Department of Orthopaedic Surgery at Vanderbilt University Medical Center*

**Title:** "The MOON Shoulder Group: Understanding Rotator Cuff Tears through Multi-center collaboration"

**MARCH 30 & 31**

WED & THURS

DETAILS TBD

### JAMES H. BEATY PEDIATRIC ORTHOPAEDIC FUND VISITING PROFESSOR LECTURE

**Featuring:** Min Kocher MD, *President, Pediatric Orthopaedic Society of North America, Chief, Division of Sports Medicine; O'Donnell Family Endowed Chair; Director, Sports Medicine Fellowship, Boston Children's Hospital & Professor of Orthopaedic Surgery, Harvard Medical School*

**FEBRUARY 17**

THURS | 5:30 PM

RIDGEWAY CC, GERMANTOWN

### JAMES HARKESS TOTAL JOINT FUND KICK-OFF & VISITING PROFESSOR LECTURE

**Featuring:** Robert L. Barrack MD, *Charles and Joanne Knight Distinguished Professor & Fellowship Director, Department of Orthopaedic Surgery at Washington University School of Medicine*

**APRIL 22 & 23**

FRI & SAT | 7:00 AM - NOON

PEABODY HOTEL

### ALVIN J. INGRAM MEMORIAL LECTURE 2022

Featuring two esteemed visiting faculty:

**Amy L. Ladd, MD, FAOA, FAAOS,** *Elsbach-Richards Professor of Surgery, Stanford University School of Medicine*

**Michael L. Parks, MD,** *Clinical Director of Orthopedic Surgery and Vice Chair for Quality, Hospital for Special Surgery*

For more information, contact Jenny Koltnow, Executive Director of the Campbell Clinic Foundation, at 901-759-5490 or [Jkoltnow@campbell-foundation.org](mailto:Jkoltnow@campbell-foundation.org)

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